



COPA APERTURA PL, BP, DL Y PP

CORRIENTES, 16-MAYO-2016

POWERLIFTING

Fecha Competencia: 14/05/2016

Nº	NOMBRE Y APELLIDO	IPO/GPA	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	CAT	Provincia	GYM	SQUAT				BENCHPRESS				DEADLIFT				TOTAL	Coefic. Reshel	Puntos Reshel	Ranking DAMAS	Ranking HOMBRES	
												1.	2.	3.	4.	1.	2.	3.	4.	1.	2.	3.	4.						
1	Yohana Gramajo	GPA	F	30/10/1993	58,80	22	Jun	Open	60	Corrientes	Titanium	100,0	115,0	-130,0	NO	60,0	70,0	75,0	.	190,0	100,0	115,0	.	NO	305,0	1,815	553,58	1°	
2	Mariana Perez	GPA	F	26/03/1988	46,90	28	Open	-	48	Corrientes	Force Gym	70,0	80,0	-85,0	NO	25,0	35,0	-40,0	NO	115,0	90,0	100,0	105,0	.	220,0	2,463	541,86	3°	
3	Daniela Ricail	GPA	F	03/12/1991	67,00	24	Open	-	67,5	Corrientes	Force Gym	100,0	110,0	120,0	.	70,0	72,5	75,0	.	195,0	120,0	135,0	.	NO	330,0	1,647	543,51	2°	
4	Belen Lobato	GPA	F	13/01/1981	60,00	35	SubM	Open	60	Corrientes	Force Gym	50,0	55,0	-60,0	NO	30,0	40,0	-45,0	NO	95,0	65,0	75,0	80,0	.	175,0	1,783	312,03	7°	
5	Rocio Miño	GPA	F	09/08/1989	71,00	26	Open	-	75	Corrientes	Force Gym	70,0	80,0	90,0	.	50,0	55,0	60,0	.	150,0	100,0	105,0	110,0	.	260,0	1,592	413,92	4°	
6	Daiana Baldi	GPA	F	14/02/1986	76,00	30	Open	-	82,5	Corrientes		50,0	-70,0	70,0	.	30,0	-40,0	-40,0	NO	100,0	60,0	75,0	90,0	.	190,0	1,534	291,46	8°	
7	Vanesa Esquivel	GPA	F	21/03/1979	75,00	37	SubM		75	Corrientes	Force Gym	70,0	80,0	90,0	.	35,0	-40,0	40,0	.	130,0	80,0	90,0	100,0	.	230,0	1,543	354,89	6°	
8	Claudia Salinas	GPA	F	25/10/1969	68,00	46	M45-49		75	Corrientes	Force Gym	70,0	80,0	90,0	.	40,0	50,0	-55,0	NO	140,0	100,0	105,0	110,0	.	250,0	1,631	407,75	5°	
9	Fernando Ayala	GPA	M	14/07/1997	60,00	18	Tn 18-19		60	Corrientes	Force Gym	90,0	110,0	125,0	.	75,0	85,0	95,0	.	220,0	130,0	140,0	160,0	.	380,0	1,423	540,74		6°
10	Esteban Lugo	GPA	M	20/02/1997	62,00	19	Tn 18-19		67,5	Corrientes	Force Gym	-180,0	200,0	-210,0	NO	90,0	-100,0	105,0	.	305,0	180,0	200,0	-	NO	505,0	1,350	681,75		1°
11	Esteban Ballesteros	GPA	M	14/11/1994	72,70	21	Jun		75	Corrientes		140,0	160,0	180,0	.	90,0	105,0	-	NO	285,0	-140,0	155,0	180,0	.	465,0	1,155	537,08		7°
12	Gonzalo Alegre	GPA	M	08/03/1993	67,70	23	Jun		75	Corrientes		90,0	100,0	110,0	.	80,0	-95,0	95,0	.	205,0	120,0	130,0	135,0	.	340,0	1,246	423,64		16°
13	Cristian Maldonado	GPA	M	27/05/1995	74,00	20	Jun		75	Corrientes		-140,0	140,0	150,0	.	-80,0	80,0	90,0	.	240,0	180,0	200,0	215,0	.	455,0	1,132	515,06		10°
14	Rodrigo Aguirre	GPA	M	24/08/1991	67,00	24	Open	-	67,5	Corrientes		100,0	110,0	120,0	.	90,0	95,0	100,0	.	220,0	175,0	177,5	180,0	.	400,0	1,242	496,80		11°
15	Aldo Ballesteros	GPA	M	30/10/1991	78,50	24	Open	-	82,5	Corrientes	Bull Gym	160,0	180,0	-	NO	120,0	-	-	NO	300,0	160,0	-	-	NO	460,0	1,078	495,88		12°
16	Juan Sotelo	GPA	M	24/06/1990	59,00	25	Open	-	60	Corrientes	Force Gym	-90,0	100,0	105,0	.	70,0	80,0	85,0	.	190,0	120,0	130,0	135,0	.	325,0	1,460	474,50		14°
17	Sebastian Muñoz	GPA	M	30/06/1987	64,00	28	Open	-	67,5	Corrientes	Bull Gym	80,0	-	-	NO	50,0	-	-	NO	130,0	90,0	-	-	NO	220,0	1,311	288,42		21°
18	Cristian Muñoz	GPA	M	14/05/1984	79,00	32	Open	-	82,5	Corrientes	Bull Gym	140,0	-	-	NO	100,0	-	-	NO	240,0	140,0	-	-	NO	380,0	1,063	403,94		18°
19	Raul Canteros	GPA	M	03/08/1989	74,50	26	Open	-	75	Corrientes		-100,0	100,0	-	NO	60,0	-	-	NO	160,0	130,0	-	-	NO	290,0	1,132	328,28		19°
20	Rodolfo Pogonza	GPA	M	18/04/1985	83,00	31	Open	-	90	Corrientes		130,0	150,0	160,0	.	110,0	120,0	130,0	.	290,0	150,0	170,0	180,0	.	470,0	1,024	481,28		13°
21	Leonel Rios Robles	GPA	M	21/09/1990	82,00	25	Open	-	82,5	Corrientes	Force Gym	160,0	176,0	190,0	.	100,0	115,0	125,0	.	315,0	160,0	185,0	200,0	.	515,0	1,029	529,94		8°
22	Eduardo Vogarin	GPA	M	13/03/1984	108,70	32	Open	-	110	Corrientes		-140,0	150,0	185,0	.	100,0	115,0	120,0	.	305,0	170,0	200,0	215,0	.	520,0	0,890	462,80		15°
23	Raul Olivieri	IPO	M	30/11/1983	98,00	32	Open	-	100	Corrientes	Titanium	180,0	200,0	220,0	.	140,0	150,0	160,0	.	380,0	180,0	210,0	230,0	.	610,0	0,922	562,42		5°
24	Rodrigo Martinez Quiroga	GPA	M	15/07/1982	140,50	33	Open	-	+140	Corrientes		300,0	-	-	NO	190,0	200,0	210,0	.	510,0	280,0	300,0	-	NO	810,0	0,840	680,40		2°
25	Elio Centurion	GPA	M	18/09/1976	70,50	39	SubM		75	Corrientes	Force Gym	-80,0	-100,0	100,0	.	80,0	90,0	95,0	.	195,0	130,0	140,0	150,0	.	345,0	1,182	407,79		17°
26	Fernando Cardozo	IPO	M	31/07/1973	81,80	42	M40-44		82,5	Corrientes	Titanium	140,0	160,0	-180,0	NO	120,0	140,0	160,0	.	320,0	140,0	160,0	180,0	.	500,0	1,041	520,50		9°
27	Miguel Aguirre	IPO	M	09/04/1974	89,40	42	M40-44		90	Corrientes	Titanium	160,0	190,0	210,0	.	120,0	150,0	170,0	.	380,0	200,0	240,0	260,0	.	640,0	0,974	623,36		3°
28	Jose Aguirre	IPO	M	17/11/1970	95,50	45	M45-49		100	Corrientes	Titanium	200,0	220,0	240,0	.	120,0	150,0	165,0	.	405,0	220,0	240,0	260,0	.	665,0	0,937	623,11		4°
29	Mario Sotelo	GPA	M	28/05/1972	85,00	43	M40-44		90	Corrientes	Titanium	100,0	-	-	NO	60,0	70,0	-	NO	170,0	120,0	-	-	NO	290,0	1,006	291,74		20°



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CORRIENTES, 16-MAYO-2016

BENCHPRESS

Fecha Competencia: 14/05/2016

Nº	NOMBRE Y APELLIDO	IPO/GPA	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	CAT	Provincia	GYM	BENCHPRESS				TOTAL	Coefic. Reshel	Puntos Reshel	Ranking DAMAS	Ranking HOMBRES
												1.	2.	3.	4.					
1	Alejandro Sanchez	GPA	M	09/04/1998	46,50	18	Tn 18-19		52	Corrientes	Titanium	45,0	55,0	60,0	.	60,0	1,955	117,30		2°
2	Mauricio Testi	GPA	M	07/09/1993	118,80	22	Jun		125	Corrientes	CRC	100,0	120,0	130,0	.	130,0	0,866	112,58		3°
3	Jose Valbuena	GPA	M	07/10/1973	84,50	42	M40-44		90	Corrientes	Titanium	85,0	95,0	105,0	.	105,0	1,013	106,37		4°
4	Fernando Cardozo	IPO	M	31/07/1973	81,80	42	M40-44		82,5	Corrientes	Titanium	120,0	140,0	160,0	.	160,0	1,036	165,76		1°
5	Pablo Fabrega	GPA	M	09/09/1942	72,50	73	M70-74		75	Corrientes	Force Gym	35,0	40,0	50,0	.	50,0	1,158	57,90		5°



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PUSH/PULL

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N°	NOMBRE Y APELLIDO	IPO/GPA	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	CAT	Provincia	GYM	BENCHPRESS				DEADLIFT				TOTAL	Coefic.	Puntos	Ranking	Ranking
												1.	2.	3.	4.	1.	2.	3.	4.		Reshel	Reshel	DAMAS	HOMBRES
1	Gabriela Vaccaro	GPA	F	12/05/1988	68,90	28	Open	-	75	Cordoba	Monster Team	45,0			NO	100,0			NO	145,0	1,620	234,90	1°	
2	Cristina Aquino	Selecc	F	13/09/1976	78,00	39	SubM	Open	82,5	Corrientes	Force Gym	40,0	45,0		NO	70,0	80,0		NO	125,0	1,515	189,38	3°	
3	Jesica Jara	Selecc	F	30/05/1986	55,60	29	Open	-	56	Corrientes	Bull Gym	40,0			NO	80,0			NO	120,0	1,923	230,76	2°	
4	Cesar Zamudio	Selecc	M	11/09/1986	62,30	29	Open	-	67,5	Corrientes	Force Gym	90,0	100,0	110,0	.	130,0	140,0	150,0	.	260,0	1,357	352,82		1°
5	Julian Gomez	Selecc	M	21/10/1985	108,00	30	Open	-	110	Corrientes	Force Gym	-120,0	130,0	150,0	.	120,0	160,0	190,0	.	340,0	0,890	302,60		2°